

NURS 201 Pediatric Dehydration NGN Case Practice Sheet: Fluids, Electrolytes, and Priority Cues

University of Texas at Austin
NURS 201 - Health Assessment | Practice Problems

Overview

A nursing practice sheet for pediatric dehydration case cues, oral rehydration, IV fluid priorities, electrolyte warning signs, intake-output tracking, and NGN-style decision making.

What this document covers

- pediatric dehydration assessment cues
- fluid volume deficit and electrolyte red flags
- oral rehydration versus IV fluid priorities
- intake output weights and vital sign trends
- NGN case cue clustering and priority actions

How to use it

- cluster assessment findings from six short pediatric cases
- rank priority nursing actions for vomiting and diarrhea scenarios
- calculate basic intake-output changes from a shift note
- identify red-flag electrolyte symptoms in case prompts
- write one concise rationale for each priority choice

Common mistakes to avoid

- treating all dehydration cases as adult cases
- missing weight change as a fluid clue
- choosing IV fluids before assessing severity
- ignoring parent education and safety return signs
- listing symptoms without prioritizing the first nursing action